

Dear Summer Intensive Families!

Welcome to SNBT's Summer Intensive. Our program is dedicated to providing excellent training in ballet and other dance disciplines. Our curriculum will primarily focus on strengthening technique and refining artistry through the emphasis of alignment, stamina, vocabulary, and performance quality. Students will also study repertoire in preparation for the demonstration at the Summerlin Library.

Please read through this packet in its entirety – there are important details that will be helpful in preparing for a summer dancing at SNBT. As a reminder, all payments are due in full by March 31st. Accounts with remaining balances by April 4th are subject to a \$150 late fee.

If there is anything we can do to assist you in the months leading up to the intensive, please let us know. We look forward to seeing you on June 2nd.

Sincerely,

Terane Comito
Director of Education

Contact Information:

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PREPARING FOR SUMMER INTENSIVE

Items to Bring:

Room Items:

- Blanket or comforter
- Optional pillow
- Towels (for bath)
- Desk lamp
- Power strip
- Mirror
- Hangers
- Laundry basket/bag
- Collapsible drying rack (for dancewear)

Personal Items:

- **Personal supplies (as needed)**
 - Toothpaste and toothbrush
 - Deodorant
 - Shampoo/Conditioner
 - Body wash/soap/washcloth
 - Razor, shaving cream
 - Lotion
 - Sunscreen
 - Hairbrush, comb, bobby pins, hair ties, hair net, hairspray, hair dryer
 - Over-the-counter medication: pain reliever, antacid, antihistamine, etc
 - Prescription medication
 - Band-aids
 - Glasses/Contacts and solution
 - Menstrual care products
 - Shower tote
 - Shower Shoes
 - Ice bag, plastic bags or small container for icing muscles

- **Dancewear – See Dress Code for more details**
 - Be sure to bring enough items to last all four weeks
 - For dancers on pointe, we recommend a minimum of 1 pair of pointe shoes per week. This will vary based on brand, style, and feet
- **Attire for sleep, evenings, and activities.** Please consider appropriateness before packing clothing items
 - Tops should completely cover the torso
 - Bottoms should be of appropriate length
 - All clothing should be free of graphic or derogatory pictures or language and references to alcohol, drugs, sex, and violence
- **Be sure to include:**
 - Comfortable walking shoes
 - Sunglasses/hat - Plan for the climate: summer days in Las Vegas are hot and dry, nights are usually still warm (upper 70s to low 80s)
 - Cell phone and charger
 - Spending money (to purchase additional essentials if need be) in form of cash or debit/credit card.

Dance Bag Items:

- Refillable Water bottle
- Pilates/yoga mat
- Thera-band (resistance band)
- Toiletries
- Sewing kit
- Hair Items
- Foot care items – tape, band-aids, toe pads, blister pads, nail clippers
- Hand sanitizer

Other Recommendations (Optional):

- Nonperishable snack foods (no fridges in rooms)
- Books, board games, electronic games
- Headphones
- Paper, writing utensils, envelopes, stamps

Do Not Bring:

- Alcohol, drugs, firearms, explosive, fireworks
- Mini-fridge, microwave, any cooking appliances
- Candles, incense
- Extension cords (surge protectors or power strips are permitted)
- Mattress pads (egg shell/memory foam pads are fire hazards in residence halls)
- Inappropriate movies or games
- Expensive jewelry or other valuables

DRESS CODE

ALL STUDENTS

- Students must be in dress code for every class
- No warm-ups allowed for class
- Only small stud earrings are permitted – no other jewelry
- Hair must be neat and secured away from the face
- When dancers arrive and leave the building, they must wear street clothing over their dancewear
- Warm-up booties may only be worn in the studio – not outside, not on the bus, not in the Dining Hall

DRESS CODE OPTION #1

All leotards must be simple and modest with no excessive cutouts or straps and no zippers. No patterned or multi-colored leotards are permitted. You can wear any color leotard except when specified.

- Any single-colored leotard unless otherwise notified

Required

- Black leotard (must meet leotard requirements above)
- Black ballet skirt
- Pink or skin toned convertible tights (must be worn under leotard)
- Pink or skin toned ballet shoes

Optional

- Single-colored leotards
- Single colored ballet skirts
- Black tights/jazz pants/fitted joggers
- Black or flesh tones socks

DRESS CODE OPTION #2

Options include solid-colored shirts, with black, white, or gray tights, and white or black shoes

Required

- White shirt (fitted t-shirt or compression shirt, no graphics or text)
- Black full length tights
- Dance belt
- White ballet shoes/white socks
- Black ballet shoes/black socks

Optional

- Full-length tights in white or gray
- Black jazz pants
- Athletic pants for conditioning classes
- Black tights/jazz pants/fitted joggers
- Black or flesh tones socks

Life at NBT Studios

Upon arrival, students will proceed to studios/dressing areas to prepare for class. At the end of the day, students should gather their belongings and head towards the main lobby.

Students must adhere to any instructions given by NBT or SNBT Staff, RA, and/or security officers

Dressing Room Policies:

- Students are responsible for cleaning up after themselves. Do not leave behind trash, toe tape, used Band-Aids, etc
- Trash/recycling must be properly disposed of into designated receptacles
- Chewing gum, food and drinks (except water) are not allowed in studios
- Dance bags must be kept with the students
- Bags should be arranged neatly and all belongings should be kept **INSIDE** of dance bags
- Items, especially clothing or personal care items such as hairbrushes, may not be shared
- No valuables should be brought to SNBT studios
- SNBT is not responsible for any student's property

Any items that are left behind in the hallways or studios will be placed in the lost and found

Studios Policies:

- Students are responsible for cleaning up after themselves. Do not leave behind trash, toe tape, used Band-Aids, etc
- Trash must be properly disposed of into designated receptacles
- Chewing gum, food, and drinks (except water) are not allowed in the studios
- Cell phones are not permitted in the studios and must be turned to silent when entering the building
- Students are not allowed to sit or play at the pianos
- Warm-up booties are to be worn in the studios only – otherwise they track dirt and dust into the studios
- Classes are closed to visitors

SNBT Studios

- Students must be quiet and respectful of those working in the building
- Students must remain at the SNBT studios during the day

Dancing At SNBT

Attendance:

Students are required to attend all scheduled classes for their assigned level. Regular attendance is essential for improving technique and building strength. Instructors take attendance daily and absences are reported to SNBT staff. Any illness or injury resulting in absence from class must be reported to the RA, who will inform SNBT staff.

Tardiness is not permitted – students must be in class and ready to dance at the designated class time. Dancers arriving more than 10 minutes late may be asked to observe class.

Curriculum:

Students attend class Monday through Friday from 9:30am to 5:30pm and Saturday from 9:30am to 12:30pm. The daily schedule will be posted one week at a time on bulletin boards at SNBT.

The schedule varies daily and may include any of the following classes:

- Ballet technique
- Grand Allegro Class
- Pointe Technique
- Variations
- Repertory
- Jazz
- Modern
- Contemporary
- Improv
- Conditioning/PBT
- Pilates
- Seminar

Faculty:

Instructors for the Summer Intensive include NBT Artistic Staff, SNBT Faculty, and renowned Guest Faculty.